

Utah Women's Health Action Framework For ASSIST2010

The following is an effort to integrate the elements addressed by the Utah Women's Health Steering Committee over the last few months. It is a first attempt to integrate thinking associated with the **HHS, Collaborative Women's Health Framework**; the desire for systems change; and the Seven Domains of women's health. The approach builds upon the development of a Utah Women's Health Coalition, which will provide the leadership and collaborative partnerships needed to carry out interventions. The Coalition will be composed of organizations in the governmental, business and non-profit world who are concerned about improving the health of women in their state and communities.

The coalition will be led by Lois Bloebaum, MPA, the Utah Department of Health and Kathleen Digre, MD and Yvette LaCoursiere, MD, MPH, Utah Center of Excellence in Women's Health housed at the University of Utah. A Steering Committee composed of representatives from academia, government, business and the non-profit sectors. Together they will select the key interventions consistent with the ASSIST2010 guidelines.

The Steering Committee with the newly formed Utah Women's Health Coalition will identify how to make a difference in the identified area(s); what interventions and materials are needed; how to adjust the systems they represent to best convey the intervention or message; and they will champion the intervention within their own systems. A specific plan outlining the intervention with evaluation measures will be developed by June 18, 2007 and interventions will be initiated once the plan is accepted by the Coalition.

The following is an overview of a process based upon the HHS, **Collaborative Women's Health Framework** that could be elaborated upon by the Steering Committee to address the ASSIST2010 RFP.

Catalyzing Events

Leadership – the continued development of a women's health steering committee composed of representatives from the academic, public health, private and non-profit sectors of the state. The Region VIII Office on Women's Health made available funding to convene a planning group. The Committee deliberated and concluded that the development of a Utah Women's Health Coalition would be important in improving women's health.

Funding – A federal funding announcement, Advancing System Improvements to Support Targets for Healthy People 2010 (ASIST2010), offers the opportunity to move forward the work of the Utah Women's Health Steering Committee.

Research and Data - indicates that there are several health issues that affect Utah women adversely that could be improved with education and targeted interventions. A focus on diabetes, cancer and/or heart disease, the three leading causes of death among women is required by the **ASSIST2010** RFA.

Determining the Population/Focus - The initial focus of this project is improving the health of all Utah women. The primary mechanisms will be the development of an inclusive women's health coalition that will review information about the health of Utah women; prioritize areas to address; select and implement evidence based intervention in appropriate clinical and community-based settings. The initial project(s) selected will be based on the identified needs within the state and will be consistent with the guidelines outlined within ASSIST2010.

Desired Results - Promoting the highest level of comprehensive wellness among Utah women through collaborative efforts.

Developing Indicators to Measure Progress

Inputs – Leadership, Partners, Consumers, Settings for interventions, Funding, Data/Research, Staff

Activities – Communication, Collaboration, Consumer Involvement, Advocacy, Financing, Systems for delivering clinical and community interventions, workforce development, Cultural Competence

Outputs

- Effective Collaborative Coalition with increased partnerships
- Tools to increase knowledge of key areas of women's health
- Interventions to change systems to better address the needs of women and their health
- Documentation of the impact of the Seven Domains of Women's Health Framework
- Interventions designed for clinical and community setting to increase awareness of women's health in key areas.
- Reports, articles, consumer resources, and other
- Trained workforce

Short and Long-term Outcomes

- Increase in healthy practices among women
- Increase supportive environments for women's health (and topic specific)
- Increased funding and community support for programs
- Increased interventions to improve women's health in clinical and community settings
- Increased capacity to monitor and describe women's health
- Increased information about women's health status in Utah
- Increased collaborative partnerships

Impact measures

- Increased women's health and fitness factors (weight, physical activity, etc.)
- Decreased chronic disease factors (Cardiovascular disease , Cancer, Diabetes, etc.)

Factors Influencing Outcome

- **Individual factors:** Knowledge, beliefs, behavior, resources; (add to list) etc.....
- **Family Factors:** Support; economic and social stressors; (add to list) etc.....
- **Health System Factors:** Availability of providers; awareness of providers of condition and how to screen; access to availability of guidelines and protocols for intervention and education; provider cultural competency (add to list) etc.....
- **Community Factors:** Availability of providers/resources to address all seven domains of women's health (add to list) etc.....

Women's health entities: Women's Health providers, Center of Excellence in Women's Health, State and local health departments' women's health focused programs; (add to list) etc.....

Health entities not specific to women: Local hospitals, health and mental health systems and individual providers; community hotlines, Medicaid; (add to list) etc.....

Entities indirectly influencing women's health: Media, policy makers, insurance companies, academic institutions, religious and community organizations (add to list) etc.....

Action Steps

- Convene and manage a coalition of organizations dedicated to improving the health of women
- Identify key women's health issues and select up to three for intervention associated with areas in ASSIST2010
- Design up to two initiatives to intervene within the identified priorities that
 - Builds upon the collaborative relationships within the coalition, so that a particular intervention may be adapted to several different settings, e.g. clinical, public health, HMO; and will facilitate information sharing through the library, human services office, place of worship, etc.
 - Uses information and evidence-based interventions that takes into account the Seven Domains of Women's Health
 - Uses interventions in both the clinical and community-based settings
 - Facilitates systems change of the clinical or community-based setting to improve the health of women in the identified area
 - Develop and provides needed education and resources to individuals; providers; and decision-makers
 - Evaluates the impact of designated projects